



SUPERARTS AGENCY &  
MANAGEMENT

## Self tape Advice

As we progress in technology, castings have evolved. Gone are the days when you could only audition in person!

This is why 'self tapes' are just as important, they are the equivalent to a face to face casting.

When self taping please make sure the below points are always followed:

- A Self tape can be filmed with either a mobile phone or video camera.
- Film the audition in landscape mode (With your phone on the side)
- Make sure the filming is steady (If you have a stand this will help)
- Make sure the film captures the talent from the waist/shoulders upwards. A full body shot may also be requested at the start of the tape, but not for the sides (script)
- Make sure it is filmed in front of a plain background, with no background noise or distractions.
- Always ident at the beginning. The talent need to introduce themselves with their name, age, height and agency.
- There may be a specific request from the casting so please read the self tape email in depth and make sure nothing is missed.
- If you, or a family member are reading the other lines, please make sure you are behind the camera so the talent do not turn their head or eyes whilst speaking. Please make sure lines are fluid with no mistakes as this can hinder the child's performance.
- Take note of the file request when sending to us. For example: one file, or two separate files for two scenes etc.
- Make sure these are saved and clearly labeled with \*Talent name\* \*Role they are auditioning for\*
- Kindly note the difference in tape submissions: Self tape means video recording of talent, Audio means an audio recording with no video. This will be specified in emails.
- Please make sure this is always sent back by the deadline given.
- We will always allow 48hrs before the original deadline given to the agency. This enables us to offer feedback, advice and time for you to reshoot if necessary. This will give your child the best possible chance of success with their self tape submission.

HAPPY SELF TAPING